

Slow Cooker Sloppy Joes

Notes

3 lb..... Beef ground 90% lean
1 Onion chopped
3 cloves Garlic, minced
1 ¼ cup..... Ketchup
2 Bell Pepper Red chopped
¼ cup+ Worcestershire sauce
¼ cup..... Brown Sugar
3 tbsp..... Vinegar
3 tbsp..... Mustard
Hamburger buns

1. In two batches, brown ground beef, onion and garlic in large skillet over medium-high heat, drain fat.
2. Combine everything in a slow cooker, stir mixture.
3. Cook on Low 8 hours.